



NEWSLETTER

Spring 2025



Staff changes

After 30 years as a GP, Dr Cockell retired from the Practice on 31st March. We all wish her the very best in her retirement.

Our ANP Annisa also left the Practice on the 31st March. Annisa will now be working in the community looking after diabetic patients.

Vaccinations

Shingles vaccine

If you're turning 65, or are aged 70-79, or are 50 and over, with a weakened immune system, you're likely to be eligible for a free shingles vaccination. Shingles is an unpleasant illness that can have serious complications, and vaccination improves outcomes and reduces the severity of any outbreak.

<https://www.nhs.uk/vaccinations/shingles-vaccine/>

Childhood vaccines

If you have children, they receive free vaccination against common, vaccine-preventable diseases. Vaccination helps prevent serious outcomes for children who catch illnesses such as meningitis, mumps, German measles, diphtheria and tetanus. Serious complications can include:

- Blindness
- Encephalitis (an infection that causes the brain to swell)
- Epiglottitis
- Meningitis
- Deafness
- Severe diarrhoea and related dehydration
- Ear infections
- Severe respiratory infections such as pneumonia
- Paralysis
- Death

<https://www.nhs.uk/vaccinations/>

Ways to stay connected with the Practice

In today's fast paced society we feel it is important to offer our patients different methods to stay connected with the Practice, community events and public information.

You can follow the practice on social media via

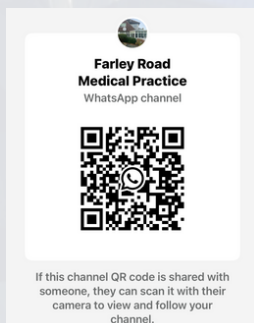
Facebook: <https://www.facebook.com/farleyroadmedical>

Instagram:

farleymedical

Whatsapp:

<https://whatsapp.com/channel/0029VayRjM72P59g0VJ3YA3R>



Blood Donation

Blood stocks are critically low in England.

Are you aged 17 to 65, generally fit and well. Weigh more than 50kg and less than 158kg. You could help by donating blood.

If you would like to donate please follow the link to book an appointment

<https://www.blood.co.uk/>

For more information

<https://www.blood.co.uk/who-can-give-blood/>

Spring 2025 COVID-19 Booster

If you are aged 75 and over or immuno-compromised you are eligible for your Spring Covid-19 Booster. Appointments are available to book via the National Booking Service.

Annual Long Term Condition reviews

Patients with one or more long-term conditions for example, diabetes, hypertension or asthma will receive an invitation on or around their birthday month, asking them to book a review.

This should mean that patients need to attend fewer appointments as multiple tests and checks can be done at the same time.

For some patients this can be completed in just one single appointment and for some you will be seen in two.

NHS App

Do more with the NHS App



The NHS App allows you to request appointments, contact your surgery online, order repeat prescriptions, view your health records, manage referrals and more - all in one place. Just download the app for 24/7 access to a growing range of services.

How do I order prescriptions?

Use the app to request repeat prescriptions without contacting your GP. Just nominate your preferred pharmacy.

What else can I do?

Activate notifications for the app and your GP can send you messages about important updates.

How do I request appointments?

Use the app to view, cancel and book some appointments or submit a query online. Manage hospital appointments too - choose your treatment provider from a list and get information about waiting times, distance and contact details.

Is the NHS App secure?

The NHS App is secure. It does not store patient data. It lets you view information held by your GP and other healthcare professionals.

Which health records can I see?

View your medical history, letters, test results and information about allergies and medicines - and recap your latest appointment.

What if I need help from friends or family?

Get proxy access to link your profile to that of someone else so they can request appointments and prescriptions for you.

How can I find out more?
Visit nhs.uk/helpmeapp or use this QR code.



GP Hub

We provide additional access to both phone and in-person appointments at the GP Hub based at Farley Road Medical Practice.

These are available from Monday to Friday, 4.00pm to 8.00pm. Additionally, the Hub extends its services with the same appointment availability from 9.00am to 5.00pm on Saturdays with Doctors telephone appointments and face to face appointments and Practice Nurse appointments. These appointments are bookable, the GP hub is not a walk in service.

Please be aware you will see a Doctor or Nurse from the Croydon GP Collaborative not your usual Farley Road Doctor or Nurse.

DNA's (Did not attend)

Since January 2025, **368** patients Did Not Attend their booked appointments. If you do not need your appointment please cancel it so it can be used by another patient. You can cancel appointments either by phone choosing option 4, online via the NHS App or Patient Access.

PPG (Patient Participation Group)

The PPG are holding an Open Meeting on Tuesday 20th May at the Selsdon Centre from 6pm with a variety of different speakers. This is open to anyone who would like to attend.

The PPG currently has two vacancies for executive members. If you would like to join the PPG, please ask for an application form at reception or email the Chairman, Biman Ghosh on bandrghosh@hotmail.com



Join your Patient Participation Group

PPGs represent patients and provide feedback on GP practices, helping to drive change

